

Operation TLC is a hospital behavior change program that links reduced energy costs with improved patient experience. Initiated in 2013 by Barts Health NHS Trust and Global Action Plan (GAP), the program encouraged staff in six hospitals to turn off unused equipment, switch off lights, and close doors, allowing the hospitals to save money from energy efficiency, create a healing environment for patients, boost staff productivity, and reduce emissions.<sup>1</sup>

The program reached 15,000 Barts Health NHS Trust employees and helped place the hospitals on a path to meeting their target of reducing  ${\rm CO_2}$  emissions to 34% of 2007 levels by 2020, part of the NHS commitment to the UK Climate Change Act of 2008.

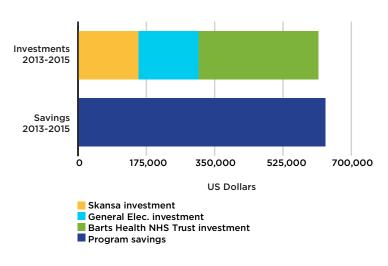
- Reduce spending
- Reduce emissions
- Demonstrate patient benefits from energy efficiency

### **OVERCOMING OBSTACLES**

Staff availability and buy-in was a challenge, as hospitals are under increasing pressure to treat an aging population with tightening budgets. Efforts were made to design organizational processes that would help develop positive attitudes, change behaviors, and achieve project goals. These included consulting staff to find practical actions and creating ways to share successes. Additionally, Queen Mary University conducted research on program impacts, and hospital staff were more willing to listen once they saw those benefits.

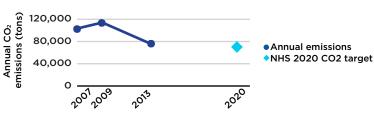
Limited knowledge of building and facility maintenance was another barrier to this program. Operation TLC facilitated the development of staff knowledge and confidence in these areas and worked with GE and Skanska to make energy efficient improvements.

### COSTS AND BENEFITS<sup>2</sup>





# CO, REDUCTIONS AT BARTS HEALTH NHS TRUST<sup>3</sup>





## LEADERSHIP AND COLLABORATION

ACADEMIA Queen Mary University (E)

#### **BUSINESS**

GE & Skanska (F. I)

#### **HEALTHCARE**

NHS Trust (D, F) Barts Health NHS Trust (A, C, D, E, F, I)

#### GOVERNMENT Department of Health (F)

SOCIAL MISSION

#### Gap (D, I)

VOLUNTEERS Hospital Staff (D, I)

A: Advocacy, C: Champion D: Design, E: Evaluation, F: Funding, I: Implementation Former Barts Health NHS Trust Environmental Manager Fiona Daly and GAP co-designed and delivered the program. GAP considered the interests of various hospital stakeholders including the Chief Nurse, Finance Director, Director of Sustainability, and Estates Director. Additionally, as staff participation in program design provided them a sense of ownership, the team worked together to empower nurses, volunteers, and other hospital staff to become TLC advocates.

# **BENEFITS**

**CLIMATE BENEFITS** 











25% fewer patient privacy intrusions

38% fewer requests to change room temperature

33% fewer sleep disruptions<sup>5</sup>

## **REPLICATION**

Operation TLC has become an awardwinning behavior-modification program, where training hospital staff to adopt simple energy efficient behaviors saves health organizations energy and money while also creating healing environments for patients.

Since 2013, Operation TLC has been adopted by 12 other NHS Trusts, saving \$859,769 in costs and 2600 tCO<sub>2</sub> in carbon emissions. In 2017, Global Action Plan and Global Green and Healthy Hospitals launched a series of Operation TLC resources to engage hospital staff on efficient use of energy in their institutions.4

#### OTHER BENEFITS



**HEALTH, WELL-BEING, & SAFETY**  **ENERGY & MOBILITY** 

# **CONTACT INFORMATION**

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